

BIDHA® Softgel

Technical Memory

BIDHA® Capsules, Is Food for Special Medical Purposes (FSMPs). It is pure Docosahexaenoic Acid (DHA), a polyunsaturated fatty acid from the microalga *Schizochytrium sp.* Vegetable source of DHA (Omega 3). Obtained by aqueous enzymatic extraction technique and subsequent purification by molecular distillation.

Indications

BIDHA® Capsules is indicated for the nutritional management of Cystic Fibrosis, Exocrine Pancreatic Insufficiency, Inborn Errors of Amino Acid Metabolism, Zellweger Syndrome and clinical situations that have severely malnutrition or require extra DHA to restore lipid balance of the membranes in favour of DHA and thereby combat inflammation and alterations of the exocrine pancreas, delaying or improving them in case of Cystic Fibrosis. Likewise, as it comes from marine algae, **BIDHA® Liquid** contributes to a lower risk of toxicity as it does not contain heavy metals, organic solvents, dioxins or pesticides. This provides high tolerance and safety during administration in infants, children and adults. Even in people who have allergies to fish consumption.

Ingredients

Oil from the microalga *Schizochytrium sp.*, pure DHA. Antioxidants: Ascorbyl palmitate 0.1%, Vitamin E (d-alpha tocopherol) 0.1%.

Nutritional Information

BIDHA® Capsules	Unidad	1cáps	2cáps	100g
Energy	Kj	43,64	87,28	3094,98
	Kcal	10,44	20,88	740,43
Proteins	g	0,24	0,48	17,02
Carbohydrates	g	0,12	0,24	8,51
Fatty Acids	g	1	2	70,92
Of Which: Saturated Fatty Acids	g	0,28	0,56	19,86
Monounsaturated fatty acids	g	0,13	0,26	9,22
Polyunsaturated fatty acids	g	0,59	1,18	41,84
DHA (docosahexaenoic acid)	mg	400	800	28.368,8
Cholesterol	mg	0	0	0

Dosage and Administration

In Cystic Fibrosis, 50-70mg of DHA/kg/day is recommended. From 8 years and above, 2-4 capsules per day are recommended. In any case, it is not necessary to exceed 3g/DHA/day and it is the doctor who must determine the dose to be administered particularly to each patient.

In Inborn Errors of Amino Acid Metabolism, Zellweger Syndrome, Attention Deficit and Hyperactivity Disorder (ADHD) and other neurological pathologies, 1-2 capsules per day are recommended.

Important Notice

- **BIDHA® Capsules**, should be taken with plenty of liquid.
- **BIDHA® Capsules**, is not suitable as only source of food.
- **BiDHA® Capsules**, not suitable for parenteral use, only oral use.
- **BiDHA® Capsules**, has HALAL certification.
- **BIDHA® Capsules**, does not need to be refrigerated. It must be stored in a clean, dry, cool place and out of children's reach.

Commercial Presentation

BiDHA® Capsules Is presented in a box with 60 softgel capsules.

Update date:
January 2019

Authorization Holder
RENDON EUROPE LABORATORIES S.L
C/. Leopoldo Alas Clarín, 4
contacto@rendonlab.com
28035 – Madrid – Spain