

# Lithoren®

## 1. What is and what contains Lithoren®

Lithoren® is a food supplement, without gluten and lactose, that contains potassium citrate, magnesium citrate and vitamin B6 (pyridoxine hydrochloride).

## 2. Ingredients

Each Lithoren® sachet contains: Potassium citrate. Acidity regulator: citric acid. Magnesium citrate. Flavouring: orange. Vitamin B6. Sweetener: sucralose. Anti-caking agent: silicon dioxide. Colouring: E110.

## 3. Use

As a supplement to well balanced diet Lithoren® provides essential nutrients like potassium, magnesium, citrates and vitamin B6 (pyridoxine hydrochloride).

## 4. Dosage and administration

The dosage of Lithoren® is one sachet per day, preferably before bedtime. Each sachet should be reconstituted with water or fruit juice. In case a lower dose or twice a day administration is needed the solution is stable for, at least, 24 hours when kept at 2-8°C (refrigerator). Lithoren® could be taken with or without food.

## 5. Warnings

Do not exceed the recommended daily intake. Dietary supplements should not be used as a substitute for a varied and balanced diet. This product is not intended for prevention, treatment or cure of a disease. Consult your doctor if you are pregnant, breastfeeding or taking prescription or non prescription medicines. Keep out of reach of children. Potassium citrate is hygroscopic. In case of absorption of moisture, lumps can form inside the sachets. This is a natural event not affecting the stability or efficacy of Lithoren®. Store in a cool and dry place. Do not use this product beyond the expiration date printed on the outer package.

## 6. Package

Carton box containing 30 sachets of Lithoren® and a patient information leaflet.  
NET weight: 119,4g.

## Distribution

**Greece:** Meditrina Hellas, Irakleitou 117, 152 38 Halandri, Tel. +30 2106726260.

**EOF notification number:** 45790/15-4-2019. *The product is not subject to an authorization procedure.*

**Cyprus:** Multipharm Ltd. Fedras 8, 1037 Nicosia, Tel. +357 22438443.